

Greater Dandenong City Council

PLASTIC USE POLICY

SPORTS CLUBS AND FACILITIES GUIDE



April 2023

SPORTS CLUBS AND LEISURE CENTRES

Single use plastics (SUPs) are common and widely used throughout sporting clubs, recreation and leisure centres. As our sports clubs and leisure centres cover large areas with indoor and outdoor uses, plastic waste can spread easily and quickly and are therefore included in the Plastic Use Policy.

WHERE MIGHT YOU FIND SUPS?

- Kiosks/canteens
- Retail stores
- Merchandise orders

If you're running an event or function, follow our Event Organisers and Stallholders Guide.

WHAT CAN YOU USE INSTEAD OF SUPS?

Council have developed the list below to assist you in selecting alternative items to the SUP items that are to be avoided in line with Council's Plastic Use Policy. You will notice that the recommendations are either:

- Reusable items*
- 100% recyclable items
- Or items that are home compostable as signified by the home compostable logo AS5810-2010



WHAT NOT TO USE:

This guide does not include recommendations for any of the following types of items:

- Commercially compostable items because Greater Dandenong does not accept these in our green lid food and garden waste bins.
- Items that are labelled 'biodegradable' as these types of plastics need a very specific environment to break down and are not accepted in the yellow lid recycling bins.
- Items that are labelled 'degradeable' as this refers to items that just break down into smaller pieces that end up becoming even more difficult to retrieve from the environment. These are also not accepted in the yellow lid recycling bins.

Find out more about these terms from [Going Green Solutions](#).

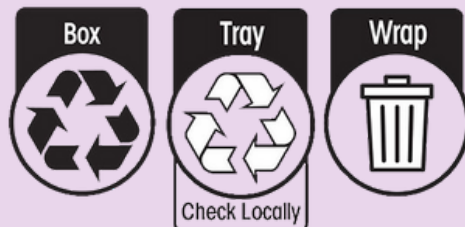
Items can only be recycled in Greater Dandenong when they are correctly placed in your regular yellow lid recycling bin.

* Health advice supports the use of reusable items with appropriate cleaning.

vic.gov.au/single-use-plastics



RECYCLING HELP



The Australasian Recycling Label (ARL) is an on-pack label that helps consumers to correctly recycle their household packaging. The ARL removes confusion and reduces waste by educating consumers on how to dispose of each component of packaging.

See the suggested alternatives to the SUPs that are included in the Plastic Use Policy below.

1. SINGLE-USE PLASTIC BAGS



How to avoid

- Don't use or distribute any kind of plastic bag. These are used as carry bags or to package food such as lollies, dim sims, produce, etc.
- Next time you put in an order, ask your food distributors to deliver your food 'bagless' in cardboard boxes or crates.
- Are you selling any products or club merchandise onsite? Consider selling these with branded reusable bags.
- When ordering your uniforms and other merchandise, ask your suppliers if they can send these 'bagless' prior to postage.
- Hold onto old cardboard boxes to reuse later.

Alternative

Reusable – *best option*:

- Canvas, hessian and other fabric bags
- Heavy duty carry bags
- Tupperware or other reusable storage containers

Recyclable:

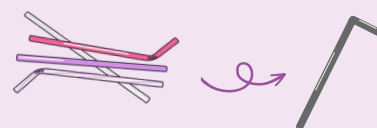
- Cardboard boxes
- Paper bags
- Foil trays and coverings



Suggested suppliers

- Boomerang Bags (Greater Dandenong) - for reusable fabric bags
- Minuteman Press – for custom fabric carry bags
- Supermarkets and retail stores – for reusable mesh produce bags, foil trays and coverings and reusable storage containers
- Waladi - for reusable wet bags
- BioPak - for paper bags

2. PLASTIC STRAWS*



How to avoid

- Don't offer plastic straws with drinks. This way drinking straws will only be given to people who need one and ask for it.
- If you do need straws for drinks, stock bamboo or paper straws which can naturally break down or be collected for home composting. Reusable straws (e.g. silicone or metal) are also a useful alternative.
- Provide reusable straws as part of any club welcome pack.

Alternative

Reusable – *best option*:

- Bamboo, silicone, glass and metal straws

Compostable:

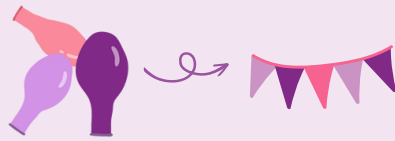
- Paper, wheat, sugarcane and other plant-based straws

*For many people with disability, plastic straws are an essential accessibility tool that allows for drinks to be consumed safely and easily. Straws should be made available on request to persons with physical or medical requirements. No proof of disability or need is required (any requests will be honoured).

Suggested suppliers

- [Biome](#) - for silicone, glass and metal straws
- [The Other Straw](#) - for bamboo straws
- [Little Green Panda](#) - for sugarcane and wheat straws
- [Compostable alternatives](#) – for rye, grass and coconut straws

3. BALLOONS



How to avoid

- Don't purchase or use balloons of any kind. This includes rubber and foil types.
- Use decorations that are reusable and can be modified or used over and over at different functions.

Alternative

Reusable – *best option*:

- Paper and fabric bunting
- Reusable decorations (banners, ribbons, pennants)
- Homemade bubbles - Try this [recipe](#) from Zoos Victoria

Recyclable:

- Tissue paper pom poms and streamers

Suggested suppliers

- [Eco Party Box](#) – for bunting and other party decorations

4. SINGLE-USE PLASTIC CUPS



How to avoid

- Provide reusable cups in the pavilion and clubroom kitchens that can be washed using on site dishwashers.
- Encourage members to donate unused cups to the clubroom to ensure sufficient supplies.
- Offer a discount for people that bring in their own reusable cups.
- Provide club branded re-usable cups and drink bottles for members or patrons.
- Request your players to bring a reusable drink bottle to games and training.

Alternative

Reusable – *best option*:

- Ceramic and enamel mugs
- Glass, metal and reusable plastic cup
- Glass, metal and reusable plastic drink bottle

Recyclable:

- Paper cups

Compostable:

- Sugarcane cups

Suggested suppliers

- [IKEA](#) – for reusable cups and mugs
- [Bottles Plus](#) – for custom drink bottles
- [No More Plastic Packaging](#) – for recyclable and home compostable cups

FREE AND VISIBLE ACCESS TO DRINKING WATER MUST BE PROVIDED

5. SINGLE USE PLASTIC PLATES, BOWLS, CUTLERY AND TAKEAWAY FOOD CONTAINERS



How to avoid

- Encourage members to donate their unused or unwanted plates, bowls and cutlery to the clubroom to ensure sufficient supplies for on-site reuse.
- Provide reusable tableware for club rooms and kiosks/canteens to use and return when finished to be washed on site using dishwashers or other washing facilities.
- Encourage BYO on training days, at sporting events and functions. Let players and patrons know that their own containers will be accepted.

Alternative

Reusable – *best option*:

- Ceramic and enamel plates and bowls
- Metal containers
- Metal and bamboo cutlery
- Reusable storage containers (e.g. Tupperware, Décor, Sistema)

Recyclable:

- Cardboard takeaway boxes
- Paper bags
- Aluminium trays

Compostable:

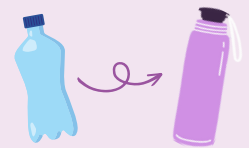
- Wooden or sugarcane cutlery
- Bamboo plates



Suggested suppliers

- [Returnr](#) - for reusable metal cups, bowls and containers
- [Bettercup](#) and [B- alternative](#) - for rental plates and bowls
- Your local Salvation Army or Vinnies Op Shop - for second hand reusable plates, bowls, glass jars and cutlery. By utilising second hand shops we can diverting more than 158,000 tonnes of waste from landfill and support the circular economy.
- Supermarkets – for reusable containers and jars
- [BioPak](#) - for wooden and sugarcane cutlery

6. WATER BOTTLED IN PLASTIC



How to avoid

- Supply water drinking stations or jugs of tap water and provide reusable cups. Clearly promote the presence and location of this free drinking water. Availability of free drinking water is a requirement of the Plastic Use Policy.
- Consider selling or providing club-branded reusable drink bottles.
- Request your players to bring a reusable drink bottle to games and training.

Alternative

Reusable – *best option*:

- Reusable plastic bottles and cups
- Large water jugs

Recyclable:

- Canned and glass bottled water – which you will be able to recycle through [Victoria's Container Deposit Scheme](#) in November 2023

Suggested suppliers

- [Bottles Plus](#) – for custom reusable drink bottles
- [Wallaby Water](#) – for canned still and sparkling water
- [Olinda Springs](#) – for glass bottled water

ALL UNNECESSARY SOFT PLASTIC PACKAGING IS TO BE AVOIDED WHERE POSSIBLE, AND EVENT MATERIALS SHOULD BE REUSED

How to avoid

- Discuss with suppliers of your kiosk/canteen and vending machine food what plastic packaging-free, recyclable or home compostable options they have.
- Replace individual sauce sachets with refillable bottles.
- Provide and sell snacks without plastic packaging, such a fruit in it's natural 'packaging' i.e. bananas, oranges, mandarins, watermelon, etc.
- Think about cleaning and household products, these may be items that have more soft plastic packaging.

Alternative

- Bread in paper bags
- Bulk food items
- Toilet paper packaged in paper
- Beeswax wraps
- Aluminium foil
- Honeycomb wrap (alternative to bubble wrap)
- Refillable condiment bottles

Suggested suppliers

- [Hero Packaging](#) – for home compostable mailer bags
- [We Bar None](#) – for muesli bars with home compostable packaging
- [Who Gives a Crap](#) – for paper wrapped toilet paper
- [Bee Nature](#) – for beeswax wraps



MORE INFORMATION

For targeted advice on alternatives to single use plastics for Community Groups and Organisations, and Event Organisers and Stallholders, please visit:


greaterdandenong.vic.gov.au/plastics-policy

General information on reducing plastic use can be found at:

greaterdandenong.vic.gov.au/sustainability

For tailored advice and further information, contact Greater Dandenong City Council's Sustainability Planning Unit on 8571 1000 or email sustainability@cgd.vic.gov.au.



 (03) 8571 1000

 council@cgd.vic.gov.au

 greaterdandenong.vic.gov.au



TTY: 133 677

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